

# APRIL 2024

## DeForest Area Middle School Menu

We are an equal opportunity provider.



Breakfast: \$1.60  
 Reduced \$.30  
 Lunch: \$2.80  
 Reduced \$.40  
 Milk \$.40

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
<b>Breakfast:</b> Mini Cinni Rolls or Cereal/Yogurt, Juice, Fruit, Milk <b>Lunch:</b> Chicken/Waffle or Quesadilla, Carrots, Corn, Fruit Cocktail, Milk	<b>Breakfast:</b> JJ Benefit Bar or Cereal/Cheese, Juice, Fruit, Milk <b>Lunch:</b> Mandarin Orange Chicken/Rice or Fr. Bread Pizza, Broccoli, Red Pepper Slices, Peaches, Fortune Cookie, Milk	<b>Breakfast:</b> Breakfast Pizza or Cereal/Cheese, Juice, Fruit, Milk <b>Lunch:</b> Cheeseburger or Wild Mike's Pizza, French Fries, Green Beans, Sliced Apples, Milk	<b>Breakfast:</b> Breakfast Bread or Cereal/Cheese, Juice, Fruit, Milk <b>Lunch:</b> French Toast/Sausage or Stuffed Crust Pizza, Baby Carrots, Veg Slushie, Grapes, Milk	<b>Breakfast:</b> Strawberry Bagels or Cereal/Cheese, Juice, Fruit, Milk <b>Lunch:</b> Pizza or Buffalo Dippers, Celery, Tomatoes, Strawberry Applesauce, Milk
8	9	10	11	12
<b>Breakfast:</b> : Mini Pancake or Cereal/Yogurt, Juice, Fruit, Milk <b>Lunch:</b> Grilled Cheese/Tomato Soup or Individual Pizza, Broccoli, Green Beans, Strawberry Cup, Milk	<b>Breakfast:</b> Apple Frudel or, Juice, Fruit, Milk <b>Lunch:</b> Nacho Day/Cornbread or French Bread Pizza, Taco Pinto Beans, Celery, Pineapple, Milk	<b>Breakfast:</b> Egg/Cheese Bagel or Cereal/Cheese, Juice, Fruit, Milk <b>Lunch:</b> Spicy or Regular Chicken Sandwich or Mozzarella Sticks, Mixed Veggies, Cucumbers, Pears, Milk	<b>Breakfast:</b> Donut Day or Cereal/Cheese or Cereal/Cheese, Juice, Fruit, Milk <b>Lunch:</b> Popcorn Chicken or Stuffed Crust Pizza, Mashed Potatoes, Corn, Oranges, Milk	<b>Breakfast:</b> Yogurt Parfait/Granola or Cereal/Cheese, Juice, Fruit, Milk <b>Lunch:</b> Big Daddy Pizza, (Sausage, Cheese or Pepperoni), Side Salad, Celery, Carrots, Apple Slices, Milk
15	16	17	18	19
<b>Breakfast:</b> Mini Cinni Rolls or Cereal/Yogurt, Juice, Fruit, Milk <b>Lunch:</b> Hot Dog or Pizza Wedge, Sweet Potato Fries, Broccoli, Pears, Milk	<b>Breakfast:</b> JJ Benefit Bar or Cereal/Cheese, Juice, Fruit, Milk <b>Lunch:</b> Cheeseburger or Supreme Pizza, Baked Beans, Baby Carrots, Peaches, Milk	<b>Breakfast:</b> Breakfast Pizza or Cereal/Cheese, Juice, Fruit, Milk <b>Lunch:</b> Omelet/Pancakes or Cheesebites, , Potato Emojis, Dragon Punch, Strawberries, Milk	<b>Breakfast:</b> Breakfast Bread or Cereal/Cheese, Juice, Fruit, Milk <b>Lunch:</b> Rotini/Meatballs/Breadstick or Pizza Dippers, Corn, Cucumbers, Fruit Cocktail, Milk	<b>Breakfast:</b> Strawberry Bagels or Cereal/Cheese, Juice, Fruit, Milk <b>Lunch:</b> Breaded Chicken Sandwich, Baby Carrots, Salad, Carrots, Apple Slices, Harvest Bar, Milk
22	23	24	25	26
<b>Breakfast:</b> : Mini Pancake or Cereal/Yogurt, Juice, Fruit, Milk <b>Lunch:</b> Drumstick/Mac/Cheese or Wild Mike Pizza, Peas, Side Salad, Applesauce, Milk	<b>Breakfast:</b> : Apple Frudel or Cereal/Cheese, Juice, Fruit, Milk <b>Lunch:</b> Taco Day, Taco Meat, Shredded Cheese, Tortilla or Chips or Stuffed Crust Pizza, Refried Beans, Corn, Pears, Apple Churro, Milk	<b>Breakfast:</b> Breakfast Sandwich or Cereal/Cheese, Juice, Fruit, Milk <b>Lunch:</b> Turkey/Gravy/Biscuit or Pizza, Mashed Potatoes, Side Salad, Pineapple, Milk	<b>Breakfast:</b> Donut Day or Cereal/Cheese or Cereal/Cheese, Juice, Fruit, Milk <b>Lunch:</b> Cherry Blossom Chicken/Rice or Fr Bread Pizza, Baby Carrots, Broccoli, Oranges	<b>Breakfast:</b> Yogurt Parfait/Granola or Cereal/Cheese, Juice, Fruit, Milk <b>Lunch:</b> Mini Corn Dogs or Pizza, Green Beans, Celery, Fruit Slushie, Milk
29	30	1	2	3
<b>Breakfast:</b> Mini Cinni Rolls or Cereal/Yogurt, Juice, Fruit, Milk <b>Lunch:</b> Chicken/Waffle or Quesadilla, Carrots, Corn, Fruit Cocktail, Milk	<b>Breakfast:</b> JJ Benefit Bar or Cereal/Cheese, Juice, Fruit, Milk <b>Lunch:</b> Mandarin Orange Chicken/Rice or Fr. Bread Pizza, Broccoli, Red Pepper Slices, Peaches, Fortune Cookie, Milk	<b>Breakfast:</b> Breakfast Pizza or Cereal/Cheese, Juice, Fruit, Milk <b>Lunch:</b> Cheeseburger or Wild Mike's Pizza, French Fries, Green Beans, Sliced Apples, Milk	<b>Breakfast:</b> Breakfast Bread or Cereal/Cheese, Juice, Fruit, Milk <b>Lunch:</b> French Toast/Sausage or Stuffed Crust Pizza, Baby Carrots, Veg Slushie, Grapes, Milk	<b>Breakfast:</b> Strawberry Bagels or Cereal/Cheese, Juice, Fruit, Milk <b>Lunch:</b> Pizza or Buffalo Dippers, Celery, Tomatoes, Strawberry Applesauce, Milk

Menus are subject to change.

Contact Becky Terry, RDN Foodservice Supervisor with any questions at: [rterry@deforestschools.org](mailto:rterry@deforestschools.org)  
 Alternate choice is a continental cold lunch: Salad or Deli Sandwich or Yogurt/cheese stick with crackers, fruit, vegetables, milk